

Did You Know About..

THE JOHNSTON GYM



WEIGHT ROOM

WITH FREE WEIGHTS, ELLIPTICAL MACHINES, KETTLE BALLS, AND OTHER GYM EQUIPMENT

BASKETBALL COURT

GREAT FOR PICKUP GAMES, RUNNING, AND OTHER HIIT WORKOUTS



GYM HOURS

MONDAY- 2:30-9 PM

TUESDAY- 2-9 PM

WEDNESDAY- 2:30-9 PM

THURSDAY- 2-9 PM

FRIDAY- 1-5 PM

SATURDAY- 12-4 PM

*FREE FOR EMCC STUDENTS WITH YOUR STUDENT ID!
CONTACT MARCIE WITH ANY QUESTIONS @ 974-4601